

Well-being Wednesdays at Trinity _Updated Feb. 2023

Overarching Guideline: 9 am to 2 pm every Wednesday is a protected window of time for students during the regular semester. Staff and Faculty may not schedule any required classes, meetings, athletic practices, or responsibilities other than what is listed below:

- FDN courses (101*, Thrive, FDN 111, Transfer Orientation, and FDN 201, Courage, Creativity, and Calling)
- Courses for academic support
- Approved pre-published courses in the schedule (e. g. BUAD 310, 1871 Immersion)
- On-campus employment for student workers may be scheduled as usual in accordance with federal work study guidelines.
- Student participation in Cooperatives, Field Experience, and Internships may be scheduled in collaboration with students.
- When athletic competitions occur on Wednesdays, student athletes should follow their team schedules for departure, warm-up, etc.
- During Final Exam week, exams will be held Monday to Thursday, including Wednesday.

Other guidelines:

- Coaches may schedule practice or training before 9 am or after 2 pm every Wednesday.
- Student-initiated scheduling (not required by faculty or staff) during the 9 am to 2 pm window is permitted.
- Course field trips:
 - o Chicago Connect courses may schedule field trips during the protected 9 am to 2 pm time period, but not during FDN 101, Thrive.
 - o Other courses may schedule field trips outside the protected 9 am to 2 pm time period.
 - o All courses may hold field trips during the other days of the week
 - o Faculty members planning field trips should put them in the syllabus and follow previously established procedures for notifying the campus.
- Student clubs, organizations, and leadership teams may use Wednesdays or the open block on Monday/Thursday from 10:40 to 11:30 am.
- Guest speakers and lecturers may occur but if there is a requirement for students, it must occur outside the protected window.
- RAs and other student leaders may elect to organize optional activities between 9 am and 2 pm.
- The Office of Learning Services (OLS) will be holding study tables from 2 to 4 pm.